



Mojo North Dublin

Ballymun Regional Youth Resource (BRYR) is a professional youth work organisation working for the welfare, development & well-being of all 10-24 year- old young people in the community of Ballymun, north Dublin. BRYR will be the Host Organisation for the new Mojo North Dublin Programme.

Mojo is an evidence-based interagency programme funded by the National Office for Suicide Prevention (NOSP) and supported by local agencies, to provide a coordinated response to men who are in 'distress' or those who are affected by unemployment; the premise being that forced unemployment can increase a man's risk to suicide.

The Mojo North Dublin programme works to transform the lives of young men by supporting them to build their mental and physical fitness, while developing their ability to engage with local services, set goals and develop a life plan. The Mojo North Dublin Project will work with young men aged 18-24yrs.

The key objectives of Mojo are to provide a resource to men by way of a training programme that engages men on a bi-weekly basis and to facilitate statutory and non-statutory organisations to work together. In working together to develop and facilitate Mojo, it is expected that the organisations will become more familiar with each other's services and in turn provide a more comprehensive response to men who find themselves in difficult financial and social situations.

The training programme is divided into two weekly sessions that are run over twelve weeks. Day 1 focuses on mental wellbeing and resilience building and Day 2 focuses on life planning and physical fitness. We link the men into local services and supports through guest facilitators from local employment, educational, health, welfare and sports organisations

The Programme Co Coordinator will manage and develop the Mojo Project in North Dublin, recruit participants through outreach and networking with local organisations, and deliver the Mental Wellbeing and Resilience building elements of the Programme. They will also lead a small team of support staff, engage external facilitators as appropriate, and support the development of a strong North Dublin Mojo Interagency Advisory Group.